

CHALLENGING BEHAVIOUR AND ADULTS WITH LEARNING DISABILITIES

INSTRUCTIONS: Below there is a list of items about people's views on adults with learning disabilities who also have challenging behaviour. Please think about your own ideas about challenging behaviour and tick the box that best describes *your* views for each item.

You may strongly agree, agree, neither agree nor disagree, disagree or strongly disagree with each item.

	strongly agree	agree	neither agree nor disagree	disagree	strongly disagree
1. An adult with learning disabilities and challenging behaviour can be helped by spending time with that person to deal with their behaviour					
2. As a consequence of their challenging behaviours, adults with learning disabilities get what they want					
3. Adults with learning disabilities engage in challenging behaviours because they are motivated only by food, warmth or sex					
4. Adults with learning disabilities engage in challenging behaviours because they are in control, but pretend not to be					
5. As a consequence of their challenging behaviours, adults with learning disabilities are disempowered					
6. An adult with learning disabilities and challenging behaviour can be helped by trying to understand, instead of blaming					
7. An adult with learning disabilities can be said to have challenging behaviour when that person is frustrating					

	strongly agree	agree	neither agree nor disagree	disagree	strongly disagree
8. Adults with learning disabilities engage in challenging behaviours because they are over sensitive to criticism					
9. An adult with learning disabilities and challenging behaviour can be helped by use of calm behaviour and responses to challenging behaviour					
10. An adult with learning disabilities can be said to have challenging behaviour when that person follows staff around					
11. As a response to working with people with challenging behaviours, I experience feelings of being offended					
12. As a consequence of their challenging behaviours, adults with learning disabilities bring into question the values of staff					
13. Adults with learning disabilities engage in challenging behaviours because they have ingrained and stubborn natures					
14. An adult with learning disabilities and challenging behaviour can be helped by care planning					
15. As a response to working with people with challenging behaviours, I experience feelings of a need to escape from the area					
16. An adult with learning disabilities can be said to have challenging behaviour when that person questions instructions					
17. An adult with learning disabilities and challenging behaviour can be helped by looking at the person as an individual					

	strongly agree	agree	neither agree nor disagree	disagree	strongly disagree
18. As a consequence of their challenging behaviours, adults with learning disabilities do not appreciate that the system has been organised for them					
19. An adult with learning disabilities can be said to have challenging behaviour when that person shows a lack of respect					
20. As a consequence of their challenging behaviours, adults with learning disabilities avoid doing any work					
21. As a response to working with people with challenging behaviours, I experience feelings of being sickened by behaviour of clients					
22. As a response to working with people with challenging behaviours, I experience feelings of fear of what I might do to clients who display challenging behaviour					
23. An adult with learning disabilities can be said to have challenging behaviour when that person has erratic movements					
24. As a consequence of their challenging behaviours, adults with learning disabilities achieve their goals					
25. As a response to working with people with challenging behaviours, I experience feelings of being bullied					
26. An adult with learning disabilities and challenging behaviour can be helped by teaching him/her new ways to respond					

	strongly agree	agree	neither agree nor disagree	disagree	strongly disagree
27. As a consequence of their challenging behaviours, adults with learning disabilities pose a challenge to the professionals in social care					
28. An adult with learning disabilities can be said to have challenging behaviour when that person pokes his/her eyes with a finger					
29. As a response to working with people with challenging behaviours, I experience feelings of being provoked into actions I later regret					
30. As a consequence of their challenging behaviours, adults with learning disabilities gain control of situations					
31. An adult with learning disabilities can be said to have challenging behaviour when that person is confusing					
32. As a response to working with people with challenging behaviours, I experience feelings of total and utter despair					
33. Adults with learning disabilities engage in challenging behaviours because their behaviours are so deep seated that they can never be stopped					
34. As a response to working with people with challenging behaviours, I experience feelings of fear of showing 'weakness' in front of colleagues					
35. Adults with learning disabilities engage in challenging behaviours because they have needs which can never be effectively met					

	strongly agree	agree	neither agree nor disagree	disagree	strongly disagree
36. An adult with learning disabilities and challenging behaviour can be helped by effectively monitoring changes					
37. Adults with learning disabilities engage in challenging behaviours because they are motivated most by selfishness					
38. Adults with learning disabilities engage in challenging behaviours because they like to challenge the system constantly					
39. An adult with learning disabilities and challenging behaviour can be helped by changing staff attitudes					
40. An adult with learning disabilities can be said to have challenging behaviour when that person never eats what they are offered					

Thank you very much for taking the time to complete this questionnaire.