

## REQUEST FORM

Enter your details below:

Please send me further information and details for enrolment on this module

Send to:

Principal Teaching Fellow  
School of Psychology  
University of St Andrews  
St Andrews KY16 9JP

Tel (01334) 476161

Fax (01334) 463042

Email mc1@st-andrews.ac.uk

## FUNDAMENTAL PRINCIPLES

*The paramount importance of a values and evidence based approach is introduced early and emphasised throughout the materials: implementation of any changes should never be attempted without proper reference to the needs of people with learning disabilities in the context of local legal guidelines and a team approach.*

## THE CERTIFICATE

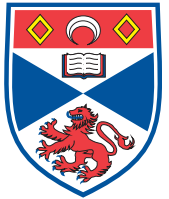
This module can be done as part of the Post Graduate Certificate “Adults with Learning Disabilities who have Significant and Complex Needs”. Each module is rated at 15 Post Graduate points. Completion of four modules from a choice of six will lead to the award of the Postgraduate Certificate.

The modules are:

- Challenging Behaviour
- Mental Health
- Offenders with Learning Disabilities
- Older People with Learning Disabilities
- Vulnerability, Victimisation and Abuse
- Profound and Multiple Disabilities

Please get in touch if you require any further details.

## Distance Learning Module



University  
of  
St Andrews

## Challenging Behaviour

*A Post Graduate level module for staff working in supervisory or professional positions in services for adults with learning disabilities.*

## CHALLENGING BEHAVIOUR

An Internet based distance learning course, for people working in supervisory or professional positions in the care of adults with learning disabilities.

**What is it?** – A distance learning course, studied part-time for people working in supervisory or professional positions in the care of adults with learning disabilities. The Open/Distance Learning materials are in an interactive style and contain individual activities, case studies, up to date research findings, structured text and current references. The materials are designed to encourage staff to use their own workplace experiences as a basis for new learning.

**What qualifications are required for entry?** – Normally a professional qualification or a degree, or substantial relevant work experience in a cognate discipline, together with at least three years practical experience in the field. Staff will normally be employed in the field of learning disabilities.

**What level is the qualification?** – The Module is at post graduate level, and is accredited at 15 post graduate points (Credit and Qualifications Framework level 11). Staff can do the module as a ‘stand alone’ qualification, or as part of the Post Graduate Certificate “Adults with Learning Disabilities who have Significant and Complex Needs”(60 Post Graduate credits)

## CONTENT

**What is studied in the module?** – The module covers research and good practice evidence in this area. For example:

- Types of challenging behaviour
- Prevalence
- Causation and theoretical perspectives
- Person-environment interactions
- Neurobiological explanations of challenging behaviour
- Behavioural phenotypes and challenging behaviour
- Ethical and legal considerations
- Risk assessment and resource requirements
- Applied behaviour analysis
- Constructional approach to challenging behaviour
- Psychopharmacology
- Cognitive-behaviour therapy
- Service design and organisational culture
- Specialisation in community settings
- Assessment and treatment units
- Support in integrated settings
- Support family carers

**Within each module there are also cross-module topics, i.e.**

- Gender Issues
- Ethnic dimensions
- Genetics
- Communication
- Health Issues

**How long will it take to complete the module?** – The rate of progress will depend on each student’s aptitude, and the amount of time available for study. As a rough guide, we estimate that each module will need around 150 hours of study time, including completion of assignments. We would expect each module to be completed within a three month period.

**Is attendance at University necessary?** – No, this is a distance learning module. Students will be supported by telephone and email and meetings with tutors if requested. (See “What materials will be supplied?” below)

**What assessment methods will be used?** – A variety of online assessment methods will be used.

**What materials will be supplied, and what facilities will I need?** – Students will be supplied with written materials and given password-regulated Internet access to university library resources, including electronic databases, full text articles and good practice guidance. The main module material will be online.

**How much will it cost?** – The cost for the module will be £480, including all materials.

**When does the module start?** – There are two intakes each year, in March and October.

**What are the other modules in this series?** – Mental Health, Offenders with Learning Disabilities, Vulnerability, Victimization and Abuse, Older People with Learning Disabilities, Profound and Multiple Disabilities.